

# **TIOGA COUNTY COMMUNITY SERVICES BOARD**

## **MH – ASA – OPWDD Subcommittee Meeting**

**June 3<sup>rd</sup>, 2025**

**9:30 a.m.**

**Via: Hybrid**

- **Review and approve April & May 2025 meeting minutes**
- **Director's Report**
  - **Meeting in July?**
- **Deputy Director's Report**
- **Clinical Director's Report**
- **Mental Health Report – Larissa Brower, Chair**
  - **Housing Presentation – Christine Shaver, Tioga Opportunities**
  - **A New Hope Center Report**
  - **RSS Report**
  - **Public Health**
  - **HeaHea Report**
  - **Additional Updates**
- **OPWDD Report – John Crosby, Chair**
  - **DDSR/DDRO Report**
  - **Achieve Report**
  - **FSS Report**
  - **CCO Reports**
  - **Racker Report**
  - **Catholic Charities Report**
  - **Self-Advocacy Report**
  - **Other Business**
- **ASA Report - Kylie Holochak, Chair**
  - **Trinity Report**
  - **ASAP Coalition Report**
  - **Coroner/EMS Report**
  - **Sheriff's Office Report**
  - **Additional Updates**
- **Additional Group Discussion**
- **Adjournment**

*Next meeting: To Be Determined*

**TIOGA COUNTY COMMUNITY SERVICES BOARD**  
**MH – ASA – OPWDD Subcommittee Meeting**  
**PENDING APPROVAL**

April 1<sup>st</sup>, 2025

9:30 a.m.

Via: Hybrid

Member Attendance:	Sue Medina Larissa Brower Nadia Constant Tina Lounsbury Renee Nuzek Bob Williams John Crosby Laura Smith	Sarah DiNunzio Sidney Blinn Evelyn Vavra Gayle Pado Kylie Holochak Trevor Yaeger Gabby Ayers Kim Warfle
Guest Attendance:	Teresa Edwards Mackenzie Myers	
Mental Hygiene Staff Attendance:	Lori Morgan, Director of Community Services Sarah Begeal, Deputy Director of Community Services Danielle Fabregas, Clinical Program Director Angelica Deyo-Cruz, Corporate Compliance Officer Porshea Moore, Peer Advocate Sue Graves, Secretary to the Director	

Meeting called to order at: 9:32am

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Topic: Review of the March 2025 – MH & ASA approved as written. OPWDD approved with changes

Topic: Director's Report – Lori Morgan

Discussion: Updates:

- Staffing
  - CASAC hired and starting on 4/21/25
  - Alot of money is being spent on recruitment
- Executive order for HH Services
  - STOP Act grant may be at risk
  - Lori will keep the group posed
- County Plan
  - Lori will be discussing the County Plan at the next meeting
  - A copy will be sent out beforehand
  - Please contact Lori with any changes
  - The plan is due to the state by June 1<sup>st</sup>.

Status: Informational – Complete

Topic: Clinical Program Director Report – Danielle Fabregas

Discussion: Updates:

- Census
  - Mental Health – 604 admitted clients
  - ADS – 98 admitted clients, 27 continued care, 16 peer only
- Assessment numbers continue to remain very high

Status: Informational - Complete

Topic: ASA Report – Kylie Holochak, Chair

Discussion: Trinity - Laura Smith

- Hired a Newark Valley/Candor/Community person
- Met with Waverly & Spencer VanEtten to discuss contracts
  - Full year services for Waverly
  - Spencer VanEtten would like summer programs too
  - Both wish to continue contracting
- Spencer VanEtten holding Restorative Justice Trainings
- Waverly School added “Preventure” Program
  - Program has 4 different curriculums
  - Want to do a mental health month with weekly topics

Sheriff’s Office – Trevor Yaeger

- OD spreadsheet updated
  - January – 3
  - February – 6
- Awareness and Narcan availability have really had a positive impact. Great job everyone.
- Jail SUD Program
  - Unclear if OASAS is sending more funding to support this program
  - The process explained and current issues discussed

EMS – Bob Williams

- Open House May 17<sup>th</sup> from 10:00am – 2:00pm at the Public Safety Building

TAM Program – Bob Williams

- Training was held yesterday (3/31)
- 1-3-day course coming up May 13<sup>th</sup> -15<sup>th</sup>
- New – can be available to do trainings for individual organizations

Coroner Report – Bob Williams

- One potential overdose death – waiting on toxicology report
  - State gives counties a set figure per incident to assist in covering the expense

Peer Advocate – Porshea Moore

- Seeing more ADS people contemplating this time of year
- Connecting with people at the Renewal Ranch
- Participating in more tabling events
- Handing out higher volumes of Narcan
  - Leaving business card with Narcan
  - Have gotten a few individuals reaching out
  - Porshea would like to see a better way of reporting Narcan usage

ASAP Coalition – Kylie Holochak

- April is Alcohol Awareness Month
  - Billboards up
- Drug Take Back Day
  - April 26<sup>th</sup> at the HHS location
  - Accepting meds and sharps
  - Flyers to be sent out
- Education regarding nicotine pouches being done at schools
- Black Balloon Day was a success
- Sector Rep meeting held last month
- Kylie presented at the Safety Symposium at Spencer School
  - CLYDE information shared
- CLYDE Survey is coming back out in the fall
  - Candor schools doing survey through TST BOCES
- Compliance Checks
  - Partnering with the Tioga County Sheriff's Office
- Continuation applications have been submitted for the three grants
  - STOP ACT grant for underaged drinking – LGBTQ removed
  - Unclear how many identify in Tioga County
- Two districts struggling with vaping
  - “In-depth” 4-part educational program for those who get caught vaping

Status: Informational - Complete

Topic: MH Subcommittee – Larissa Brower, Acting Chair

Discussion: A New Hope Center – Sarah DiNunzio

- 2024 Annual Report completed
  - 1,200 people served
- Domestic Violence shelter at capacity for many months
  - Housing struggles
- Safety Symposium
  - 2 Advocates attended as well
- Sexual Violence and Dating Abuse Education at Spencer VanEtten
  - Grades K-12
- April is Sexual Assault Awareness & Child Abuse Prevention Month

- “Chalk the Walk” event April 13<sup>th</sup>-19<sup>th</sup> (see flyer)
  - Positive messaging for youth
- Wear the Color Event (see flyer)
- Billboards up for Child Abuse Prevention Month
- Child Advocacy Center Open House April 25<sup>th</sup>
- April 30<sup>th</sup> is Wear Denim Day – selling stickers

Public Health – Sue Medina

- “Credible Minds”
  - Training this afternoon
  - Learning how to update the website
  - Draft promotional press releases

Hea Hea – Nadia Constant

- Three team members hired
- Looking for an additional LCSW
- Networking with referral partners

RSS – Larissa Brower

- Housing is currently full
- SOS - working with the homeless
  - Care Manager hired for program
  - Clinician hire in process

Status:

Information – Complete

Topic:

OPWDD Subcommittee – John Crosby, Chair

Discussion:

DDSO/DDRO Report – Renee Nurek

- EFR awarded to region 2
  - Language Access Program
  - 2 yr funded program
  - 136 individuals enrolled

Achieve – Shannon Westbrook (via email)

- Tioga Day Hab is at capacity
  - 3 individuals on waitlist for Site Based Day Hab
- DHWOW (Day Hab Without Walls) program
  - 7 enrolled with 1 starting by the end of the month
  - 2 referrals in process
  - Continuing to build the program
  - Seeing a lot of interest in the program
  - Families receiving site tours
- Looking to rehab the old workshop
  - Recertifying for a higher capacity once completed

FSS Report – Gayle Pado

- RFP was supposed to be released in March
  - Not released to date

- Going through the state funding system
- Should be released next week or the

**Racker – Gayle Pado**

- Activity calendar attached
  - Lending Libraries explained
- Self-Direction & Traditional Supports Agency Programs
  - Both have openings and are accepting referrals
- Base rate for Direct Support Staff is being increased

**CCO Reports – Not Present**

**Catholic Charities – Gabby Ayres**

- Accepting new referrals
- No waiting lists
- 3 new staff hired
- “Enchanted Ball” dance to held at the Nichols location in May
  - Open to the public

**Self-Advocacy – Karen Warfle**

- Attended numerous events
  - GiGi’s Dinner Dance
  - Quarterly FFS Meeting
  - Attending Action Club meeting today
- Actively seeking new participants to represent at this meeting
  - Asked John about Special Olympic Athletes
- Updating list of dental providers who offer sedation
- Experiencing difficulties enrolling in CDPAS services
  - Deadlines being extended due to the roll out issues
  - Tina Lounsbury stated only portions have been extended

Lori stated that what Karen brings to the table is very valuable and the subcommittee has the ability to advocate at a higher level. Karen is a perfect example of what the coalition should be working on that they are not. Karen’s input is invaluable. John thanked Karen for all her efforts.

**Status:** Informational – Complete

**Other Discussion:** The MH Subcommittee needs a new chair, and Larissa Brower has been nominated to fill the position. The subcommittee voted unanimously for Larissa to be the new chair for the MH Subcommittee.

**Status:** Informational - Complete

**Adjournment:** The meeting adjourned at 10:33am. The next meeting is Tuesday, May 6<sup>th</sup>, 2025, at 9:30am.

# TIOGA COUNTY COMMUNITY SERVICES BOARD

## MH – ASA – OPWDD Subcommittee Meeting

**PENDING APPROVAL**

May 6<sup>th</sup>, 2025

9:30 a.m.

Via: Hybrid

Member	Nadia Constant	Laura Smith
Attendance:	Kim Bailey-Poreda	Bob Williams
	Karen Warfle	Kylie Holochak
	John Crosby	Gayle Pado
	Renee Nuzek	Shannon Westbrook
	Sue Medina	Gabby Ayres
	Carolyn Galatzan	Sarah DiNunzio
	Evelyn Vavra	
Guest	Teresa Edwards	
Attendance:	Denise Brennan	
	Tricia Tomm	
	Emily Jackson	
Mental Hygiene	Lori Morgan, Director of Community Services	
Staff Attendance:	Sarah Begeal, Deputy Director of Community Services	
	Danielle Fabregas, Clinical Program Director	
	Angelica Deyo-Cruz, Corporate Compliance Officer	
	Porshea Moore, Peer Advocate	
	Sue Graves, Secretary to the Director	

Meeting called to order at: 9:35am

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Topic: April Minutes not reviewed

Topic: Director's Report – Lori Morgan

Discussion: Updates:

- Federal Impacts
  - No county impact yet
  - DFC and associated grants remain intact thus far

Status: Informational – Complete

Topic: Deputy Director Report – Sarah Begeal

Discussion: Updates:

- Staffing
  - Bree McCartney, CSW starting 5/19/25
  - Records Management Technician started 4/21/25
  - CASAC started 4/21/25
  - Continuing to recruit for Mobile Crisis & CSC Social Worker

- May is Mental Health Awareness Month
  - In partnership with Public Health, Credible Minds website was launched.
  - Resource website for Mental Health for Tioga County
  - Informational cards provided

Status: Informational - Complete

Topic: Clinical Program Director Report – Danielle Fabregas

Discussion: Updates:

- Census
  - Mental Health – 606 admitted clients
  - ADS – 100 admitted clients, 30 continued care, 14 peer only

Status: Informational - Complete

Topic: OPWDD Subcommittee – John Crosby, Chair

Discussion: DDSO/DDRO Report – Renee Nurek

- Exceptional Family Resources (EFR) for region 2
  - Training in process
    - Day Hab – 2 employment trainings
- Care Coordination Evaluation Report
  - Renee to discuss after talking points are received

Achieve – Shannon Westbrook (via email)

- Tioga Day Hab is at capacity
  - 2 individuals on waitlist for Site Based Day Hab
- DHWW (Day Hab Without Walls) program
  - Expanding to Broome & Chenango Counties
- Accepting referrals for both services
- Looking at renovations for main area

*John expressed concern over the health/fitness of individuals. Sharon will discuss with supervisor.*

FSS Report – Gayle Pado

- Statewide – committees changing to reflect various changes
  - Developing training & guidance
  - Working on getting terms into place
- RFP for \$124,000 closes in May
  - Focusing on respite, after school programs & camps
  - Looking forward to seeing the proposals

Racker – Gayle Pado

- Many May activities
  - Review of May Events
- Self-Direction accepting referrals



- Reimbursement Program accepting applications
- Service Access seeing a lot of approvals for individuals
- Virtual Event June 3<sup>rd</sup>
  - “Speaking Out Against Bullying”
  - Links to register on website

#### CCO Reports

- Prime Care – Tricia Tomm
  - HR component focusing on preventative care
  - Virtual trainings
  - Taking new referrals
    - Received 1 from Tioga County
  - Open positions – 1 Elmira, 2 Binghamton
  - Conducting face to face visits & follow up

*John would like to know how many people are being served. Tricia to run a report for the number.*

- ST Connects – Emily Jackson
  - Clinical is the focus – HR members, clinical outcomes
  - CCO leadership to meet to discuss the results of the State CCO report
  - Three new individuals hired for the Binghamton Office
  - One vacancy still open

*John asked the number of people being served. Emily stated approximately 250 in Broome County and 42 in Tioga County. Potentially another 10 for Tioga County*

- LifePlan – Anne Seepersaud (via email)
  - Provider Networking Event (flyer attached)
    - For LifePlan Care Managers, Members & Families, HCBS & FSS providers
    - At Celebrations on Park, Binghamton
    - Thursday June 5<sup>th</sup>, 2025, from 10:00am – 1:00pm

#### Catholic Charities – Gabby Ayres

- Dance on May 20<sup>th</sup> in Nichols
- Open Mic Night May 15<sup>th</sup> from 4:00-6:00pm
- Looking at how to better serve people
- Accepting new referrals for daytime hours – no afterschool

*John asked the number of people they are serving. Gabby stated approximately 30 individuals in Tioga County.*

#### Self-Advocacy – Karen Warfle

- “Better Together” event
  - May 10<sup>th</sup>, Stewart Park, Ithaca from 11:00am-2:00pm
- Communication Disabilities Across Canada

- Offering 4 courses online
- Courses reviewed
- Sending in an application for the regional local FFS Committee

Status: Informational – Complete

Topic: ASA Report – Kylie Holochak, Chair

Discussion: Trinity - Laura Smith

- New staff started on 4/24 – training in process
- Resilience Training held during the Mental Hygiene wellness day
  - Additional trainings requested by attendees
- Finishing up programs at schools
  - Data to follow
- Planning for summer Social Emotional Learning (SEL) programs

Coroner Report - Bob Williams

- No new cases to report

EMS Report– Bob Williams

- Open House May 17<sup>th</sup> from 10:00am – 2:00pm at the Public Safety Building
  - Contact Corrine if you wish to table
- LEPC training tomorrow (5/7/25)

TAM Program – Bob Williams

- Currently have 1 active case
- Training 1–3-day course coming up May 13<sup>th</sup> -15<sup>th</sup> at the Public Safety Building
  - Contact Corrine to register

Peer Advocate – Porshea Moore

- Tabling at the EMS Open House event
- Gearing up for upcoming events

Sheriff's Department – Trevor Yaeger (via email)

- Overdoses
  - April had 2 Opioid overdoses
  - Narcan used once

ASAP Coalition – Kylie Holochak

- Drug Take Back Day
  - 200 pounds of medications collected
  - 4 large boxes of sharps
  - Could be the last takeback due to federal cuts
  - Will promote med box drop off sites
- Evaluator here in April and presented to the coalition
  - Tour of Owego and Waverly
  - Held a facilitator session

- Compliance Checks with the Sheriff's Office are on hold
- Steering Committee meeting held May 5<sup>th</sup>
- "Be a Parent Not a Bartender" campaign
  - Billboards & commercials are running
  - Boosting social media posts

Status: Informational - Complete

Topic: MH Subcommittee – Larissa Brower - Not Present

Discussion: A New Hope Center – Sarah DiNunzio

- April Awareness Events successful
  - Chalk the Walk
  - Sexual Assault Prevention month
    - Artwalk for Survivors
- CAC Open House in April
- Shelter has been full for months
  - Policy: stay for 180 days
  - Issue: Affordable Housing
  - Working with DSS for resources

Public Health – Sue Medina

- Suicide Coalition
  - Health educator working on subgroups
  - Capacity building
- Community Health Assessment
  - Survey for community members to complete
  - Key informant interviews
  - Plan put together to handle gathered information
- Providing Narcan training at the EMS Open House
- Public Health Nurse trained in psychological train the trainer - psychological first aid

Hea Hea – Nadia Constant

- Follow up meeting with Albany
  - Granted a waiver to practice in June
  - Age range expanded to 30 years old
    - Allowing the ability to address BU students
  - In Network with most insurance companies
  - Waiting on Medicaid Provider number
  - In rate negotiations
- Partnered with Lean Well for academic instruction
  - Accredited Education
  - Expense covered by Learn Well
- Partnered with Factor.com for the food portion
  - Nutritionist team to collaborate with Hea Hea
- Striving to keep costs down
- Staff model
  - Seasoned staff on board

- Providing evidence-based training
- Holistic skills as well
- Financial need of \$100,000 to cover salaries until Hea Hea is at capacity
- Wendy Arnold hosting lunch & learn events

Status: Information – Complete

Topic County Plan – Lori Morgan

Discussion: The plan was sent out before the meeting to give all an opportunity to review and submit any suggestions/changes

- Plan & history reviewed
- Floor opened for discussion
- Extensive discussion ensued.
- Email Lori with suggestions/changes
- Further discussion in the June subcommittee meeting
- Plan to be presented to the Community Services Board
- Quarterly reviews of the plan suggested

Status: Informational - Complete

Adjournment: The meeting adjourned at 11:12am. The next meeting is Tuesday, June 3rd, 2025, at 9:30am.

DRAFT

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