

# Tioga County Public Health Department

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# PRESS RELEASE

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# Tioga County Weekly Update for February 16, 2022 – February 22, 2022

As we approach the two year mark of the COVID-19 pandemic, there is no doubt that the last two years have had an overwhelming impact on the mental health of so many. The pandemic has had impacts on all aspects of our lives, our physical, social, emotional, and financial wellbeing. With COVID-19 cases decreasing again, we can only hope that everyone is able to start getting back to a healthy and normal life. If the COVID-19 pandemic has impacted you, please know that there are resources available to help.

#### **Tioga County Mental Hygiene:**

Services and support for individuals of all ages and families include coping with emotional problems, mental illness, marital issues, depression, alcoholism and substance abuse.

607-687-4000

https://tiogacountyny.gov/departments/mental-hygiene/

# **Tioga County Department of Social Services:**

Provides financial and social services to eligible County residents through programs such as Supplemental Nutrition Assistance Program (SNAP), Home Energy Assistance Program (HEAP), Emergency Rental Assistance, Emergency Solutions, Low-Income Household Water Assistance Program, and Pandemic Emergency Assistance Fund (PEAF) 607-687-8300

https://tiogacountyny.gov/departments/social-services/

### Tioga Opportunities, Inc.:

Provides a variety of services including Services for Older Adults, Women, Infants, and Children (WIC), Transportation, Apartments for Rent, and more! 607-687-4222

https://tiogaopp.org/

#### **NY Project Hope:**

An emotional support helpline, educational materials, trusted referrals, and local provider agencies...all dedicated to helping you manage and cope with changes brought on by COVID-19. 844-863-9314

https://nyprojecthope.org/

Additional resources may be found in the Tioga County Resource Guide available on our website at <a href="mailto:ph.tiogacountyny.gov">ph.tiogacountyny.gov</a> or by calling 211.

## COVID-19 case breakdown in Tioga County from February 16, 2022 – February 22, 2022

(**Please Note:** Data does not include positive at-home tests)

New Cases: 80
Hospitalizations: 4
(Known) Deaths: 0
Current Active Cases: 37

New York State Case Investigators are now conducting abbreviated interviews with positive cases and do not ask vaccination status (among other questions) when conducting their interview.

Additional data is available at <a href="https://coronavirus.health.ny.gov/covid-19-testing-tracker">https://coronavirus.health.ny.gov/covid-19-testing-tracker</a>.

#### **COVID-19 Resources:**

- COVID-19 Vaccine Locations: <a href="https://www.vaccines.gov/">https://www.vaccines.gov/</a>
- Find a COVID-19 Test Site Near You: https://coronavirus.health.ny.gov/find-test-site-near-you
- COVID-19 State Run Testing Locations: <a href="https://coronavirus.health.ny.gov/covid-19-testing">https://coronavirus.health.ny.gov/covid-19-testing</a>
- New York State Dashboard: <a href="https://coronavirus.health.ny.gov/covid-19-testing-tracker">https://coronavirus.health.ny.gov/covid-19-testing-tracker</a>
- Tioga County Public Health Website: <a href="mailto:ph.tiogacountyny.gov">ph.tiogacountyny.gov</a>
- Tioga County Public Health Facebook Page: <a href="https://www.facebook.com/tiogacountypublichealth">https://www.facebook.com/tiogacountypublichealth</a>