TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

COMMUNITY SERVICES BOARD

November 19th, 2026

Pending Approval

Via Hybrid

Members Present: Tina Lounsbury, Pat Gillule, Fran Bialy, Porshea Moore, Bob Williams, Carolyn Galatzan, Keith Nichols, MD, Kristine Maslin, Christine Schweitzer

Members Excused: William Standinger, III

Guests: Cassie O'Reilly

Mental Hygiene Present: Sarah Begeal, Director of Community Services; Susan Graves, Secretary to the Director of Community Services

Meeting called to order at 9:39am

Category: Meeting Minutes

Topic: Review of the October 2026 – motion to approve – Bob Williams 2nd Porshea Moore, approved as written

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Topic: Director Report – Sarah Begeal

Discussion: Updates:

- Budget
  - 2026 continues to track well except for Criminal Psych
- Resolutions
  - Certified resolutions (attached) briefly reviewed
  - AOT Coordinator appointed
- Staff
  - Amber Johnson, AOT Coordinator starting 11/30/26
  - Becky Mosier, Accounting Associate II starting 11/30/26
  - Brenda Fazio, PT Account Clerk Typist starting 11/30/26
- Criminal Psych
  - Received 8 evaluation requests in 2026 thus far
  - 2016 – 2025 1 or 2 requests per year received
  - Request requires two evaluations (one per doctor)
  - Exploring contracting out for this service
    - $1900 per evaluation

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        - $3800 total per request plus additional costs
- AOTs (Assisted Outpatient Treatment)
    - Currently have 5 active AOTs
    - One individual is EVA (Enhanced Voluntary Treatment)
    - One pending AOT referral
- C-SPOA (Children's Single Point of Accessibility)
    - Identified for additional state aid funding
    - Currently the Corporate Compliance Officer performs the C-SPOA duties as well
    - State wants positions separated
- OASAS Prevention Award
    - $30,000 to focus on youth cannabis
    - Trinity will accept funding
    - TST BOCES expressed interest
        - Wished to pass the funding through the ASAP Coalition
        - They are only in the Candor School
        - Difficult to utilize all the funding for one location
- Strong Step Behavioral Health, LLC
    - Aka Strong Steps Behavioral Health Foundation Inc.
    - Founder/Owner Steven T. Carter, Jr.
    - Per OMH, not a designated provider
    - Not designated for any of the 4 CORE services
    - Not affiliated with Tioga County or Tioga County Department of Mental Hygiene
    - Major concerns with questionable activity and linkages
- Local Service Plan Tool Kit (LSP)
    - The Conference is putting out a tool kit for the 2027 LSP process
    - Sarah to email the CSB once it is received

Status: Informational – Complete

Topic: Chair Report – Fran Bialy

Discussion: Sarah shared the subcommittees are meeting individually. Seeing higher participation and more meaningful discussion. LSP Goal areas appear on each agenda.

Subcommittee Highlights:

- Mental Health Subcommittee
    - Changes to Medicaid 2027 reviewed
    - Safe Harbor Flex Funding reviewed
    - Rapid Housing Project through Catholic Charities reviewed
    - RSS experiencing issues filling positions
    - Public Health messaging for Men's Suicide Awareness Month
    - Public Health offering vaccinations at no charge
    - Article for November sent to the Pennysaver
- ASA Subcommittee
    - Medicaid changes reviewed
    - Increase in CSM services
- OPWDD Subcommittee
    - Could see a reduction in services due to the Medicaid changes

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- Other Information Shared
    - ADS Census: 133 – 96 active clients
    - Porshea has 81 pre-contemplating clients (not included in the 133)
    - Clinic completed MAT MOD training
    - Tioga Central was the only school not to participate in Prevention Week

Status: Informational – Complete

Topic: Unfinished Business

Discussion: Updates:

- CSB agreed to allow a board member to send a representative to attend a subcommittee meeting if they are unable to attend themselves
- Sarah, Tina and Porsha scheduled to meet 12/3 regarding the By-Laws
- Local Service Plan discussion
    - Criminal Psych needs to be addressed in the plan
    - Sarah has a meeting with the Magistrates in December
    - No movement state-wise on a bill regarding Criminal Psych
- Medicare discussion
    - Possible impacts on clinic and clients
    - Fliers are up in the clinic regarding the coming changes
    - A lot of uncertainty
- Opioid Abatement Funding
    - Brief review on what various agencies are doing with funding

Status: Informational – Complete

Topic: New Business

Discussion: MHAST (Mental Health Association of the Southern Tier)

- Opened a crisis stabilization Clinic in Broome County
    - Tioga County can utilize as well
    - Staffed 24/7
- MAT (Medical Assisted Treatment) acronym changed to
    - MOUD (Medical Opioid Use Disorder)
    - MAUD (Medical Alcohol Use Disorder)

Status: Informational - Complete

Other Discussion: Dr Nichols

- FAA pilot protocol changes
    - PATH program (screening tool for pilots) being phased out
    - Protocols for trans pilots no longer being discussed

Nomination discussion

- Individuals to be nominated for Chair, Vice- Chair & Secretary discussed
- Nominations taking place in February
- Discussion ensued

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Board Member Terms

- Fran Bialys second term expiring on 1/31/26
- Pat Gilulle's 2nd term expiring 2/28/27
- Required membership number of 9 will be achieved by these vacancies

Status: Informational – Complete

Adjournment: There being no further business a motion to adjourn was made by Porshea Moore, Chris Schweitzer 2nd. The meeting adjourned at 11:06am. There will not be a meeting in December. The next meeting is scheduled for Thursday, January 21st, 2027

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