

Tioga County, NY Executive Summary



2019-2024
Community Health
Assessment

2019-2021
Community Health
Improvement Plan



Executive Summary

The Process

The 2019-2024 Tioga County Community Health Assessment and 2019-2021 Community Health Improvement Plan was developed collaboratively with multiple local agencies including Tioga County Public Health, Guthrie, Lourdes-Ascension Health, UHS Hospitals, Tioga Opportunities Inc., Carantouan Greenway, Care Compass-DSRIP and CASA-Trinity. Our Community Health Assessment process started in the Summer of 2018 and commenced at the unveiling of the findings at the Tioga County Healthy Communities Planning Meeting in September of 2019. Tioga County's Community Health Improvement Plan was completed based on invaluable input and guidance from key Tioga County stakeholders.

What are the Prevention Agenda priorities and the disparity you are working on with your community partners include LHD and hospitals for 2019-2021 period?

The choosing of priority areas was a group process. Only after informed discussions and facilitated conversations were the priority areas identified. The areas of: Promote Healthy Women, Infants and Children, Promote Well-Being and Prevent Mental and Substance Use Disorders and Prevent Chronic Diseases were chosen.

What data did you review to identify and confirm existing priorities or select new ones?

Multiple data sources were used when compiling the information presented in the Community Health Assessment. Examples of data sources include, but are not limited to, U.S. Census, County Health Rankings and United States Department of Agriculture. More importantly, the majority of the data was collected through the New York State Department of Health's County Health Indicator Report. Furthermore, data indicators were compared to a similar New York State county, New York State as a whole, and when applicable, the Healthy People 2020 objectives and the New York State Prevention Agenda targets. Community insights were a cornerstone of the assessment process. To gather input we deployed the "My Health Story" survey as a means for residents to share their experiences and perceptions as to what impacts their health.



Which partners are you working with and what are their roles in the assessment and implementation process? How are you engaging the broad community in these efforts?

The Tioga County Healthy Communities Planning Meeting provided a forum for community partners and members to learn about the Community Health Assessment findings and in choosing the Prevention Agenda priorities. Over 100 individuals were personally invited and the event was advertised to the general public. Moving forward with the Tioga County Healthy Communities Partnership will serve as the mechanism to bring together multiple community organizations and agencies to the table to review and monitor current interventions and for identification of new opportunities.

What specific evidence-based interventions/strategies/activities are being implemented to address the specific priorities and the health disparity and how were they selected?

Summary of interventions:

- Increase capacity and competencies of local maternal and infant home visiting programs and engage in collaborative clinical and community-based strategies to reduce sleep-related infant deaths.
- Utilize and support the trauma-informed program, "PAX Good Behavior Game" in local school districts.
- Implement "Girls Circle" and "The Council for Boys and Young Men" curriculum-based groups in local Tioga County school districts. The Girls Circle and The Council groups integrate relational theory, resiliency practices, and skills training in a specific format designed to increase positive connection, personal and collective strengths, and competence in youth.
- Engage parents in the screening process to identify developmental milestones and delays.
- Integrate oral health messages and evidence-based prevention strategies within community-based programs serving women, infants, and children.
- Life Skills Training (school-based prevention) and Teen Intervene programming in Tioga County schools.
- Implement routine screening and brief behavioral counseling in primary care settings to reduce unhealthy alcohol use for adults (18+), pregnant women and youth (13+).
- Integrate principles of trauma-informant approach in school classrooms including training and workforce development, progress monitoring and evaluation.
- Strengthen access and delivery of mental health/suicide prevention care.
- Create protective environments.
- Support the Reality Check program based in Owego Apalachin School District and the RC youth in-school peer to peer education.
- Education of elected officials and the community on the importance of Tobacco-free outdoor, tobacco retail environment , smoke-free public housing policies.

How are progress and improvement being tracked to evaluate impact? What process measures are being used?

It is the responsibility of the Tioga County Healthy Communities Partnership to monitor and assess progress of the 2019-2021 Community Health Improvement Plan. The Partnership meets on a regular basis and captures intervention progress, identifies hurdles and challenges and, if necessary, develops a plan to address concerns.

Measuring will be completed by review of the family of measures which are routinely reassessed as progress is made. The family of measures includes inputs, outputs and various stages of outcomes. The goal is to see significant advances made in the identifies priorities areas which will be determined by meeting the objectives put forth in the Work Plan.



Health Report Card for Tioga County



Source: NYSDOH

Health Behaviors

Indicator	Tioga County	Performance
Alcohol Related Motor Vehicle Deaths (Rate per 100,000)	55	●
% Adults who are Current Smokers	22%	No Trend Data
% of Adults Binge Drinking During Past Month	19%	No Trend Data

Performance Key	
●	Improved
●	No Change
●	Worsened

Health Outcomes

Indicator	Tioga County	Performance
% Adults Overweight or Obese	70%	No Trend Data
% Students Overweight NOT Obese	18%	●
% Students Obese	17%	●
Cardiovascular Disease Mortality (Rate per 100,000)	288	●
Lung & Bronchus Cancer Incidence (Rate per 100,000)	92	●

Access

Indicator	Tioga County	Performance
% of Adults (aged 18-64) with Health Insurance	94%	●
% of Adults with a Regular Health Care Provider	86%	No Trend Data
% of Population Experiencing Food Insecurity	10%	No Trend Data

Maternal & Infant Health

Indicator	Tioga County	Performance
% of Births with Early Prenatal Care	74%	●
% of Births with Adequate Prenatal Care	85%	●
Infant Mortality (Rate per 1,000)	7	●
% Low Birthweight	6%	●

Child & Adolescent

Indicator	Tioga County	Performance
% of Children 9-17 months with Lead Screening	48%	●
% of Medicaid Enrollees (ages 2-20) with At Least 1 Preventive Dental Visit (within year)	42%	●
Suicide Mortality ages 15-19 Rate per 100,000)	21	●

Mortality

Indicator	Tioga County	Performance
Years of Potential Life Lost (Rate per 100,000)	7,009	●
Cancer Mortality (Rate per 100,000)	128	●
Suicide Mortality (Rate per 100,000)	12	●
Motor Vehicle Mortality (Rate per 100,000)	8	●